



# Bullying Prevention Week

Help us spread awareness and promote kindness through our Bullying Prevention Spirit Week!

## Monday - 10/19

### Mix-It-Up Day

Wear mismatched clothes to celebrate being unique.

**Kindness Challenge:** Say hi to someone new!

## Tuesday - 10/20

### Team Up Against Bullying

Wear your favorite sports jersey or team shirt to show that everyone works together as a team.

**Kindness Challenge:** Be a good teammate! Invite someone to join you in a game at recess.

## Wednesday - 10/21

### Wear Orange for Unity Day!

Wear your brightest orange to show we stand together for kindness, acceptance, and inclusion. Let's color our school orange to prove that everyone belongs!

**Kindness Challenge:** Give someone a compliment!



## Thursday - 10/22

### Dress as a Super Hero

Be a hero and stand up for others!

**Kindness Challenge:** Do one superhero-sized act of kindness! Help someone, stand up for someone or do something kind without being asked.

## Friday - 10/23

### PJ Day

Follow your dreams and put bullying to rest!

**Kindness Challenge:** Make someone smile today!

